




Your Health benefits are provided by Sentara Health. The information below is a brief summary of your plan's benefits. Additional information and forms can be found by going to the "Forms" page of this website.

	Sentara Vantage 25/50	Sentara Plus 500/20/20%	Sentara Vantage Equity HSA 3200/10%	SelmanCo Tricare Supplement Insurance
Carrier				Selman Co.
Coverage				
Medicare Creditable?	Yes	Yes	Yes	Yes
Network	Vantage HMO	PHCS/MultiPlan	Vantage HMO	N/A
Benefits				
Preventive Care	Covered In Full	Covered In Full	Covered In Full	\$0
In-Network Deductible	No Deductible	\$500 / \$1,000	\$3,200 /\$6,400	N/A
PCP	\$25	\$20	10% AD	N/A
Virtual Visit	Telehealth: Same co-pay as office visit Virtual Visit: No Charge	Telehealth: Same co-pay as office visit Virtual Visit: No Charge (No OON coverage)	Telehealth: 10% AD Virtual Visit: 0% AD	N/A
Specialist Office Visit	\$50	\$40	10% AD	N/A
Urgent Care Visit	\$50	\$40	10% AD	N/A
Emergency Room Visit	\$350	20% AD	10% AD	N/A
Routine Lab	\$50	20% AD	10% AD	N/A
CT PET/MRI's	\$150	20% AD	10% AD	N/A
Outpatient Surgery	\$300	20% AD	10% AD	N/A
Maternity	\$500	\$450	10% AD	N/A
Inpatient Hospital	\$300/day (\$1,500 max)	20% AD	10% AD	N/A
Prescription Drugs	1: Tier 1 - \$10 BD \$150 PP Rx Ded Before Tier 2 - \$45 AD Tier 3 - \$75 AD Tier 4 - 20% AD (\$300 max) 2: Tier 1 - \$15 Tier 2 - \$40 Tier 3 - \$75 Tier 4 - 20% (\$300 max)	2: Tier 1 - \$15 Tier 2 - \$40 Tier 3 - \$75 Tier 4 - 20% (\$300 max)	Tier 1 - \$10 AD Tier 2 - \$40 AD Tier 3 - \$60 AD Tier 4 - 20% AD (\$300 max) Tier 2 - Prev Rx BD before: Tier 1: \$10 AD Tier 2 - \$40 AD Tier 3 - \$60 AD Tier 4 - 20% AD (\$300 max)	N/A

	Sentara Vantage 25/50	Sentara Plus 500/20/20%	Sentara Vantage Equity HSA 3200/10%	SelmanCo Tricare Supplement Insurance
Preventive Vision	1 Free Annual Exam (PP)	1 Free Annual Exam (PP)	1 Free Annual Exam (PP)	N/A
In-Network Maximum Out of Pocket	\$3,000 / \$6,000	\$4,500 / \$9,000	\$5,000 / \$10,000	N/A
Out-of-Network Deductible	No Coverage	\$1,500 / \$3,000	No Coverage	N/A
Out-of-Network Co-insurance	100%	40% AD	100%	N/A
Out-of-Network Maximum Out of Pocket	N/A	\$9,000 / \$18,000	N/A	N/A
Plan Documents				
Carrier Information				
Carrier Name	Sentara Health	Sentara Health	Sentara Health	Selman & Company
Contact Customer Service	1-877-552-7401	1-877-552-7401	1-877-552-7401	833-731-2125 Option 1

The chart shown is only a brief summary of the plan's benefits. Please refer to the summary of benefits for a thorough description of the plan benefits, limitations, exclusions and conditions of coverage.

Provided By:

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